

NEILSON NEWS

1N | neilsond@district90.org | Room 7

Reminders

- **School Hours**
8:20 - 3:10 pm
Please arrive by 8:15 a.m.
- **Winter Gear: Please make sure you label your child's**
Boots, Hats, Mittens, Coats, Snow pants. Please send extra **SOCKS!**
- **Ear Phones or Head Phones:** If you would like your child to use their own headphones or earbuds, please label and send them immediately.

Important Dates

- 1/11 - "Changes" Item Due
- 1/12 - Library Books Due
- 1/15 - Fun Lunch
- 1/18 - No School - MLK Day

Happy Birthday!

- 1/20 - Carter C.



Star Student

- 1/11 - Kaz K.
- 1/25 - Ben L.

CHANGES...



Unfortunately we could not start our Changes unit today because many students did not bring in their change items. Please send the ribbon and change item as requested. **Please send in tomorrow, Tuesday, Jan. 12th.**

From my previous newsletter:

What students need to bring for our Changes Science Unit...

First, please send in a ribbon as long as your child was when he/she was born. Please write on the ribbon his/her name and their length at birth on the ribbon. **Please send in by Friday, Jan. 8th.** You can use string, wrapping paper ribbons, or holiday ribbon. We will be comparing the change over time and compare our change with other students.

Second, as a class we will observe and predict items we think will change over the period of three weeks. I would like each child to bring in something he/she thinks will change over three weeks. All items need to be in a plastic bag or plastic clear container. Please send your change item in to school on **Monday, January 11th** for our first observation.

Weekly Schedule

Monday

Music 8:50 - 9:20 a.m.
PE 1:00 - 1:30 p.m.

Tuesday

PE 8:20 - 8:50 a.m.
STEM 12:30 - 1:00 p.m.
Library 1:00 - 1:30 p.m.

Wednesday

PE 9:05 - 9:35 a.m.

Thursday

Music 9:20 - 9:50 a.m.
BB PE 1:00 - 1:15 p.m.

Friday

Art 8:25 - 9:15 a.m.
Recess/PE 11:55 - 12:20
Chorus 1:00 - 1:30 p.m.

Second Step

Second Step is a program that was adopted by District 90 to help children develop skills for social and academic success. Please see discussion topics that will be discussed for the next couple of weeks.

- Feeling Change
- Accidents Happen
- Showing Care and Concern

Spirit Wear & Rewards

This FRIDAY will be our Spirit Wear Day! Wear RED or Lincoln clothing to win prizes!

Check out my website:
www.neilsonnews.weebly.com

Some suggestions:

- ★ Fruits - a strawberry, a piece of an apple, a piece of pear, or a slice of lemon.
- ★ Vegetables - cut potato, cut tomato, a piece of lettuce.
Please NO BROCCOLI!
- ★ Bread or Grains - breads with no preservatives (very little change will happen)
- ★ Soap - small piece of soap in water
- ★ Plants - a flower, a bulb planted
- ★ Nail in water - needs to be a steel nail without rust protection

Each week, being scientists, the children will observe and document the changes that are observed. **Please send your change item in to school on Monday, January 11th for our first observation.**

Reading

We are studying Unit 3, Lesson 14. This week we'll explore the question, "Why is it important to have rules?" Children will read about a fantasy story called The Big Race, a story about a Lizard racing his friends for a prize. Then we'll learn about why it is necessary to have rules almost everywhere we go in the informational text call Rules and Laws.

Words to Know:

two, three, four, five, into, over, starts, watch

Phonics Skills:

Long a (CVCe); soft c, g, dge; photogram -ake

Vocabulary Strategy:

Words ending in **-ed, -ing, or -s** and Shades of Meaning

Comprehension Skills:

Cause and Effect and Conclusions

Comprehension Strategy:

Infer/Predict - use clues to figure out more about story parts.

Spelling

We are working on **long a** words and the listed Words to Know listed in the Reading Section of this newsletter.

Math

Today we started Lesson 21 which closes Topic B with a student-centered discussion about solution strategies as they solve both action-oriented (take from with result unknown) and relationship (take apart with addend unknown) problems. Students ask each other, "How and why did you solve it this

way?" and then discuss which strategies are the most efficient.

Science

Last week, we watched Brain Pop, Jr. to learn about matter and the three states: solid, liquid and gas. This week we will start to explore the processes that result in change including freezing, evaporation, melting and condensation. The goals of these activities are to strengthen the students' ability to observe and describe the properties of solids, liquids, and gases. Also, the activities give students many opportunities to predict results, plan, and perform simple tests and analyze, interpret, and discuss their results. Finally, the overall goal is that students become more aware of changes that occur in their environment and that change is constant in our world.

Gym Shoes are needed EVERY day!

Please send gym shoes or leave a pair of old gym shoes at school during the next couple of months. Students are expected to participate in gym each day and have to sit out and watch if they don't have the proper shoes. I have students calling home for shoes each day and it takes away from our valuable academic time.

It's that time of year...LICE 101

Please talk to you child about not sharing hats, scarves, hair brushes, combs, barrettes, helmets and coats with other students. It is important that if you see your child scratching the back of their head that you check for lice at home. Please become familiar with what you are looking for by checking the internet for all the stages of the lice life cycle. Here is a link to a site called HEALTHLINE: <http://www.healthline.com/health-slideshow/what-do-head-lice-look-like#1>. If you find lice, or nits, there are several salons in the area that take care of lice or you can purchase a kit at a drug store. If we find lice at school, students are sent home and have to be checked by the school nurse upon return.

Some prevention ideas I have received over the years...

- Wash your hair with Tea Tree or Mint Shampoo once a week.
- Wear hair products in your hair.
- Don't wash your hair every day.
- Wear your hair short or tied back.
- Don't share headphones.
- Don't share winter coats, scarves, and hats.
- Don't sit head to head.

Disclaimer - While a few studies have suggested certain ingredients in OTC products—including rosemary, lemongrass, tea tree, mint, citronella, and eucalyptus—may repel lice, these products aren't regulated or approved by the Food and Drug Administration (FDA) unless noted on the bottle.

Please notify Mrs. Godellas via email at godellase@district90.org if you find lice. It is the only way we can make sure precautions are taken in the classroom to diminish the spread.

On that note...have a great week!